

# EHC Nachwuchs - Trainingsplan KW 42

## 14.10.19 - 20.10.19

| Tag | Datum    | On-Ice        | Off-Ice       | Mannschaft      | Trainer  |
|-----|----------|---------------|---------------|-----------------|--|
| Mo. | 14.10.19 | 17:10 - 18:30 | 16:00 - 16:45 | U13             | Salmik, Danner                                       |
|     |          | 18:40 - 20:00 |               | U15 + U17 + 20  | Khaydarov, Salmik                                    |
|     |          |               |               |                 |  |
| Di. | 15.10.19 | 14:40 - 15:40 |               | Laufschule      | Gorgenländer, Khaydarov, Salmik                      |
|     |          | 15:40 - 16:40 |               | U9 + TW-Gr. 1   | Danner, Salmik, Meder, Hempel                        |
|     |          | 16:50 - 17:50 |               | U11 + TW-Gr. 2  | Gorgenländer, Khaydarov, Bauer, Meder, Hempel        |
|     |          | 19:10 - 20:10 | 18:00 - 18:45 | U15             | Khaydarov, Salmik                                    |
|     |          |               |               |                 |  |
| Mi. | 16.10.19 | 14:40 - 15:40 |               | U7              | Gorgenländer, Khaydarov, Linsenmaier                 |
|     |          | 15:50 - 16:50 | 17:00 - 17:45 | U11             | Gorgenländer, Khaydarov, Bauer                       |
|     |          | 17:00 - 18:20 | 15:45 - 16:30 | U13             | Salmik, Danner                                       |
|     |          | 18:30 - 19:50 | 17:15 - 18:00 | U15             | Khaydarov, Salmik                                    |
|     |          |               |               |                 |  |
| Do. | 17.10.19 | 14:40 - 15:40 |               | Laufschule + U7 | Gorgenländer, Khaydarov, Linsenmaier, Salmik, Hempel |
|     |          | 15:50 - 17:00 |               | U9              | Danner, Salmik                                       |
|     |          | 17:10 - 18:20 |               | U11             | Gorgenländer, Khaydarov, Bauer                       |
|     |          | 18:30 - 19:50 |               | U13             | Salmik, Danner                                       |
|     |          |               |               |                 |  |
| Fr. | 18.10.19 | 15:20 - 16:20 |               | U9              | Danner, Salmik, Khaydarov                            |
|     |          | 16:30 - 17:30 |               | U15             | Khaydarov, Salmik                                    |
|     |          |               |               |                 |  |
|     |          |               |               |                 |  |

### Spiele:

| Tag | Datum    | Treff | Abfahrt | Beginn | Mannschaft    | Heim      | Gast |
|-----|----------|-------|---------|--------|---------------|-----------|------|
| Sa. | 19.10.19 | 10:00 |         | 13:00  | U15           | SERC      | EHC  |
| Sa. | 19.10.19 |       | 15:30   | 20:00  | U20           | Stuttgart | EHC  |
| Sa. | 19.10.19 |       |         | 13:00  | U9 - Turnier  | MERC      | EHC  |
| Sa. | 19.10.19 |       |         | 14:30  | U11 - Turnier | Stuttgart | EHC  |
| Sa. | 19.10.19 |       |         | 17:00  | U7 - Turnier  | EHC       |      |
| So. | 20.10.19 | 9:15  | 9:30    | 14:00  | U13           | MERC      | EHC  |
| So. | 20.10.19 |       |         | 12:00  | U15           | EHC       | MERC |

