

EHC Nachwuchs - Trainingsplan KW 51

15.12. - 21.12.2025

Tag	Datum	Off-Ice	On-Ice	Off-Ice	Mannschaft	Trainer
Mo.	15.12.25		14:30 - 15:30	Kabine 1	U9	Rösch, Smolka, 2 Helfer
			15:30 - 16:30	16:45 - 17:15	U11	Linsenmaier,D.Danner,Elo, 2 Helfer,Smolka***
		16:00 - 16:30	16:45 - 17:45	18:00 - 18:15	U13	Smolka, Sekera, Smolka***
		18:15 -18:45	19:15 - 20:30	20:45 - 21:00	U17	Khaydarov, Sekera
Di.	16.12.25		14:45 - 15:45	Kabine 1	U9	Rösch, Khaydarov, 2 Helfer
			16:00 - 17:00	17:15 - 17:45	U11	Linsenmaier, D.Danner, Elo, 2 Helfer
		16:30 - 17:00	17:15 - 18:30	18:45 - 19:00	U13	Smolka, Billich, George, Smolka***
		16:30 - 17:00	17:15 - 18:30	18:45 - 19:00	U15	Billich, Smolka, George, Smolka***
		17:45 - 18:15	18:45 - 20:00	20:15 - 20:30	U17	Khaydarov, Sekera
		19:15 - 19:45	20:15 - 21:30	21:45 - 22:00	U20	Sekera, Smolka
Mi.	17.12.25		14:45 - 15:45	Kabine 3/1	U7 / Laufschiule	Khaydarov, Smolka, Sekera, Dominik, 2 /1M Spieler
		15:30 - 15:45	16:00 - 17:00		U13	Smolka, Sekera, Smolka***
		16:30 - 17:00	17:15 - 18:30	18:45 - 19:00	U15	Billich, Khaydarov, George, Smolka***
		16:30 - 17:00	17:15 - 18:30	18:45 - 19:00	U17	Khaydarov, Billich, George, Smolka***
		17:45 - 18:15	18:45 - 19:45	20:00 - 20:15	U20	Sekera, Smolka
Do.	18.12.25		7:45 - 8:45		U17 / U20	Sekera, Smolka, Smolka***
			14:45 - 15:45	Kabine 1	U9	Rösch, Khaydarov, 2 Helfer
			16:00 - 17:00		U11	Linsenmaier, D.Danner, Elo, 2 Helfer
		16:30 - 17:00	17:15 - 18:30	18:45 - 19:00	U15	Billich, Khaydarov, George
		17:45 - 18:15	18:45 - 20:00	20:15 - 20:30	U17	Khaydarov, Sekera
		19:15 - 19:45	20:15 - 21:30	21:45 - 22:00	U20	Sekera, Smolka
Fr.	19.12.25	15:30 - 15:45	16:00 - 17:00		U13	Smolka, Sekera
		16:45 - 17:00	17:15 - 18:15		U15	Smolka, Sekera
*** 30 Min. TW-Training / Lukas Smolka						

Spiele						
Tag	Datum		Spielbeginn	Mannschaft	Heim	Gast
Sa.	20.12.25	Kabine 3	11:45	U13	EHC	Schweinninger ERC
Sa.	20.12.25	Kleinbusse	13:00	U9	Turnier in Mannheim	
Sa.	20.12.25	Reisebus	13:45	U20	EJ Kassel	EHC
Sa.	20.12.25	Kabine 3	17:30	U15	EHC	Löwen Frenkfurt
So.	21.12.25	Kleinbusse	10:00	U9	Turnier in Bietigheim	
So.	21.12.25	Reisebus	11:30	U20	EJ Kassel	EHC
So.	21.12.25	Kabine 1,2,3	11:45	U11	Heim Turnier	
So.	21.12.25	Kabine 3	17:00	U13	EHC	Stuttgarter EC