

EHC Nachwuchs - Trainingsplan KW 14

31.03.25 - 06.04.25

Tag	Datum	Off-Ice	On-Ice	Off-Ice	Mannschaft	Trainer
Mo.	31.03.25		14:30 - 15:30	Kabine 2/3	U7 / Laufschule	Khaydarov, Sekera, Smolka, Dominik
			15:30 - 16:30	Kabine 1	U9	Rösch, Khaydarov, 2 Helfer
		16:00 - 16:30	16:45 - 17:45	18:00 - 18:15	U13	S.Danner, D.Danner
		18:15 - 18:45	19:15 - 20:15	20:30 - 20:45	U17	Khaydarov, Sekera
Di.	01.04.25		14:45 - 15:45	Kabine 1/2	U9	Rösch, Salmik, 2 Helfer
			16:00 - 17:00	17:15 - 17:45	U11	Peroutka, Linsenmaier, 2 Helfer
		16:30 - 17:00	17:15 - 18:30	18:45 - 19:00	U13	S.Danner, D.Danner, Smolka
		18:00 - 18:30	18:45 - 20:00	20:15 - 20:30	U15	Smolka, Krüger
		19:15 - 19:45	20:15 - 21:30	20:45 - 21:00	U17	Sekera, Salmik
		19:15 - 19:45	20:15 - 21:30	20:45 - 21:00	U20	Sekera, Salmik
Mi.	02.04.25		14:45 - 15:45	Kabine 1 / 3	U7 / Laufschule	Salmik, Sekera, Smolka, Dominik
			16:00 - 17:00	17:15 - 17:45	U13	S.Danner, D.Danner
		16:30 - 17:00	17:15 - 18:30	18:45 - 19:00	U15	Smolka, Krüger
		17:45 - 18:15	18:45 - 19:45	20:00 - 20:15	U17	Sekera, Salmik
		17:45 - 18:15	18:45 - 19:45	20:00 - 20:15	U20	Sekera, Salmik
Do.	03.04.25		14:45 - 15:45	Kabine 1/2	U9	Rösch, Smolka, 2 Helfer
			16:00 - 17:00	17:15 - 17:45	U11	Peroutka, Linsenmaier, 2 Helfer
		16:30 - 17:00	17:15 - 18:15	18:30 - 18:45	U15	Smolka, Krüger
		17:30 - 18:00	18:30 - 19:45	20:00 - 20:15	U17	Sekera, Salmik
Fr.	04.04.25		16:00 - 17:00	17:15 - 17:30	U11	Peroutka, Linsenmaier, 2 Helfer
		16:30 - 17:00	17:15 - 18:15	18:30 - 18:45	U13	S.Danner, D.Danner
		17:30 - 18:00	18:30 - 19:45	20:00 - 20:15	U20	Sekera, Smolka

Spiele

Tag	Datum	Spielbeginn	Mannschaft	Heim	Gast
Sa.	05.04.25	08:00	U9	Thomas Dolak Turnier	
So.	06.04.25	09:00	U9	Thomas Dolak Turnier	